

## Christian Adventure Holidays Training Week 2019

Christian Adventure Holidays is a Charity registered in England no 1156296



**Date:** Saturday 6 to Saturday 13 July 2019

**Age:** Eighteen Plus

**Venue:** Bassenfell Manor Christian Centre, Bassenthwaite, Keswick, CA12 4RL [www.bassenfell.org.uk](http://www.bassenfell.org.uk)

Courses Available		CAH affiliate <sup>1</sup>	Non CAH affiliate
Mountain Leader (ML) Training		£250	£550
Mountains experience / Training		£250	£350
Rock Climbing		£250	£450
Sailing:	RYA Awards: Level 1 Start Sailing, Level 2 Basic Skills, Level 3 Better Sailing, Seamanship Skills, Assistant Instructor	£250	£350
Kayaking/Canoe Performance Award & Foundation Safety & Rescue Training		£250	£350
Kayaking/Canoe Instructor, Performance, Leader awards		£300	£400

The week is for Christian leaders to gain further experience and training in a chosen activity to assist at CAH holidays. During the week the emphasis will be on developing skills, safety and spiritual leadership. It is intended that by the end of the week participants will have reached a standard in their activity to enable them to complete the relevant training course/award.

Everyone attending the week will be expected to participate in the entire programme including serving one another, duties around the manor (e.g. washing up/cleaning), activity theory sessions and spiritual and leadership training. Transport is not included - this should be arranged amongst the individual activity groups (so you may have to make a nominal contribution to others transport running costs). Food is included in the price with the exception of the expedition aspect of the Summer ML Training.

Information on course content/syllabus, equipment notes and preparation required (mandatory for some courses) is provided in the pages following this summary. The booking form is online [here](#). If you are missing any of this information you can request it via email: [training-week@christian-adventure-holidays.org.uk](mailto:training-week@christian-adventure-holidays.org.uk) AND [dtforrest1967@gmail.com](mailto:dtforrest1967@gmail.com) We can help provide guidance for gaining qualifications for other activities (e.g. mountain biking, rafting) - please contact Dave with any enquiries.

Being prepared will help you get the most from the intense training week. CAH does have some activity equipment which will be available for use. The courses information includes minimum and maximum numbers. Bookings are on a first come, first served basis, and we may have to cancel courses and refund deposits where minimum numbers are not achieved.

If you a CAH affiliate and are obtaining the qualification to assist at a week of CAH within the next two years, a grant to contribute towards the course fees may be available. Contact your Director for the Training Grant application form and guidelines. The grant must be agreed **well before** the training - to obtain a maximum grant, the deadline would be Saturday 15 April 2019.

### How to Book:

Please fill in the online application form which you can access [here](#) and follow up with a non-returnable £50.00 deposit by BACS Transfer or Cheque:

- BACS Transfer Sort Code: 40 19 20 Account No: 72311712. Please start the reference with TW19 followed by YOUR NAME OR INITIALS e.g. TW19 D FORREST

**Please direct any queries to Dave Forrest** [training-week@christian-adventure-holidays.org.uk](mailto:training-week@christian-adventure-holidays.org.uk) AND

[dtforrest1967@gmail.com](mailto:dtforrest1967@gmail.com) Dave will confirm receipt by email ONCE YOUR PAYMENT HAS BEEN RECEIVED and to let you know how many applications have been received to date for your course.

**Closing date for bookings: Wednesday 13 Jun 2019.** The balance will be requested early June and must be paid by 30 June.

<sup>1</sup> A CAH affiliate is someone who has attended CAH before as a leader/helper, or are looking to pursue being a leader for the first time within the next two years (in agreement with one of the CAH Directors).

